



This information is excerpted from CCJRC's publication, *Getting On After Getting Out: A ReEntry Guide for Colorado, 2nd Edition*. To order this guide, go to www.ccjrc.org.

Chapter 12

Medical, substance abuse, and mental health treatment

Know that there is a path to recovery that leads to hope. Hope leads to change. Change is who the real you is. You can lead a safe, sober, and stable lifestyle once you've embraced and incorporated the challenge to change.
(addictions and mental health counselor)

This chapter is designed to help people find treatment for medical, substance abuse, and mental health needs upon release from incarceration.

There are a number of ways you can find a treatment provider. If you were receiving medical, substance abuse, or mental health treatment while in prison, you may already have a good sense of what kind of treatment you need to continue after release.

- If you are on parole, talk to your parole officer about your treatment needs. The parole officer must approve of any provider you want to see for substance abuse or mental health treatment.
- If you are referred to TASC while on parole, the TASC case manager may do a treatment needs assessment with you and help you find an appropriate treatment provider.

If you want care for your medical, substance abuse, or mental health treatment needs after you're released from prison, don't wait until you're in crisis or out of meds. Start looking for help as soon as you can. This chapter lists a number of community programs that offer help. Chapter 11 includes several community programs that also offer treatment services that are not repeated in this chapter.

Remember, asking for help is not a sign of weakness. Getting help can be one of the best ways to try to solve problems and move forward in your life.

Medical records while incarcerated

Keep your own medical records while you're incarcerated. Ask questions about any diagnosis and medications prescribed for you. Write this information down. Keep this information with you after you're released.

- What is the diagnosis?
- If a drug is prescribed, what is the name and dosage? A drug usually has a brand name and a generic name. Write down both of these names if you know them.

If you're on medication when you're released from prison, you should receive a 10-day supply of prescribed medicines. If your prescribed medicines are psychotropic, you should receive a 30-day supply when you're released.

DOC medical records

After you're released, your health care provider (clinic, doctor, hospital, psychiatrist, psychologist, etc.) may request a copy of your medical (includes mental health) records from the DOC at no charge.

- A health care provider may call, fax, or write the Denver Reception Diagnostic Center Inactive Medical Records Office. The address is 10900 Smith Road, Denver, CO 80239. The telephone number is 303.307.2302. The fax number is 303.307.2227.
- Unless your health care provider requests otherwise, the DOC will provide a year's worth of medical records.
- You will need to sign a release of information form in order for your health care provider to obtain your records from the DOC.

If you would like to order a copy of your medical records from the DOC for yourself, the cost is \$24 for the first 30 pages and 33 cents for every page after that.

Medical needs

When you need medical care, a community health center is a good place to start. This first section of the chapter explains the network of community health centers and their affiliated clinics throughout Colorado, including their contact information.

This section also explains the Colorado Indigent Care Program which may be a way for you to receive health services through participating clinics and hospitals. The state's Medicaid program is also described.

Finally, this section lists a number of places where you might find additional information about medical needs.

Community health centers

Community health centers (CHC) are federally qualified nonprofit or public health care facilities that provide comprehensive primary health care to people regardless of their ability to pay.

Colorado has 15 CHCs and 123 clinic sites throughout the state. The contact information for every CHC and many of their clinics is listed below. For more information about a community health center, look on its website. If a phone number isn't listed next to the name of a clinic, call the customer service number listed under the name of the CHC.

A CHC or clinic offers primary care, which includes basic health care services related to family medicine, internal medicine, pediatrics, obstetrics, and gynecology. CHCs and clinics may also offer vision care, dental care, mental health services, and behavioral health services. Many CHCs and clinics also have pharmacies.

CHCs and their clinics charge on a sliding scale. They do not turn people away based on a lack of income. They also don't require that you provide ID or residency documents for primary health care.

When you call a CHC or clinic, ask to speak with an enrollment counselor. If possible, make this appointment to apply for benefit programs *before* you need care. You don't need to wait until you're sick to get enrolled. The enrollment counselor may help you apply for the Colorado Indigent Care Program (CICP) which is described later in this chapter.

- Due to heavy demand, some clinics have waiting lists. Depending upon the community health center or clinic that you visit, you may have to wait several days or possibly weeks before you can become registered as a patient and seen. This is why you should try to register as a patient *before* you need care.

Clinica Family Health Services, Inc. (serves Adams, Boulder and Broomfield counties)

303.665.9310 www.clinica.org

- Pecos Medical Clinic (303.650.4460), 1701 W. 72 Ave, 3rd Floor, Denver, CO 80221
 - Dental Clinic (303.650.4460)
- People's Clinic (303.449.6050), 2525 13th Street, Boulder, CO 80304
- Lafayette Medical Clinic (303.665.9310), 2000 W. South Boulder Road, Lafayette, CO 80026
- Thornton Medical Clinic, (720.929.1655), 8990 N. Washington, Thornton, CO 80229
 - Dental Clinic (720.207.0170)

Colorado Coalition for the Homeless (serves homeless people in the Denver metro area)

303.293.2220 www.coloradocoalition.org

- Stout Street Clinic, 2100 Broadway, Denver, CO 80205
 - The Coalition's Stout Street Clinic is located at the corner of Stout Street and Broadway and provides health care services for anyone who is homeless. There is no charge. Stout Street Clinic offers other services, including dental care. See the listing in the resources section for more information.

Denver Health Family Health Centers (serves City and County of Denver)

303.436.4949 www.denverhealth.org

Several primary and urgent clinics are listed below. There are a number of other clinics throughout the Denver Health system, including specialty clinics. For more information about each clinic, the Denver Health website lists clinic sites at <http://denverhealth.org/Directories/ClinicDirectory.aspx> or call one of the numbers listed.

- Central Scheduling (303.436-4949) can schedule you for any Denver Health location or service.
- Adult Urgent Care Center (303.602.2822), Denver Health, Pavilion A, 777 Bannock Street, Denver, CO 80204
- Denver Health Community Health Services Dental Program (303.602-8200), 301 W. 6th Avenue, Denver, CO 80204
- Denver Health Community Health Services ID Clinic for HIV/AIDS Patients (303.602.8713), 605 Bannock Street, Denver, CO 80204
- Behavioral Health Clinic (Outpatient) (303.436-6393), Denver Health, Pavilion K, 777 Bannock Street, Denver, CO 80204
- Gipson Eastside Family Health Center (303.436.4600), 501 28th Street, Denver, CO 80205
 - Dental Clinic (303.436.4600)
- La Casa/Quigg Newton Family Health Center (303.436.8700), 4545 Navajo Street, Denver, CO 80211
- Lowry Family Health Center (303.436.4545), 1001 Yosemite Street, Denver, CO 80230
- Montbello Family Health Center (720.956.2730), 12600 E. Albrook Drive, Denver, CO 80239
- Park Hill Family Health Center (303.602.3720), 4995 E. 33rd Avenue, Denver, CO 80207
- Webb Center for Primary Care (303.602.8080 or 303.602.8070), 301 6th Avenue, Denver, CO 80204
- Westside Family Health Center (303.436.4200), 1100 Federal Blvd., Denver, CO 80204
 - Dental Clinic (303.436.4345)
- Westwood Family Health Center (720.956.2900), 4320 W. Alaska Place, Denver, CO 80219

TIP: Denver Health's Nurse Advice Line at 303.739.1211 provides health care information seven days a week, 24 hours a day. The service is for residents of the City and County of Denver and/or members of the Denver Health Family Health Center. If you are not either of these, a nurse will still help you find the number to call for help.

Dove Creek Community Health Clinic (serves Dolores, Montezuma, and San Miguel counties)

970.677.2291

- 495 West 4th Street, Dove Creek, CO 81324

High Plains Community Health Center (serves Prowers, Baca, Bent, Cheyenne, Kiowa, Kit Carson and Otero counties) 719.336.0261 www.highplainschc.net

- Main Medical Site & Administration (719.336.0261), 201 Kendall Drive, Lamar, CO 81052

- High Plains Community Dental Center (719.336.8445), 200 Kendall Drive, Suite 1, Lamar, CO 81052
- High Plains also runs a health center at Lamar Community College and a migrant health clinic in Granada. Call for information.

Metro Community Provider Network MCPN (covers Adams, Arapahoe, Jefferson and Park counties)
303.360.6276 www.mcpn.com

- Customer Care Center (303.360.6276) can schedule you for any MCPN location.
- Englewood Office (303.788-0782), 3515 S. Delaware Street, Englewood, CO 80110
- North Aurora Family Health Services (303.360.6276), 3292 Peoria Street, Aurora, CO 80010
 - Dental Clinic (303.360.6276)
- South Aurora Family Health Services (303.762.6546), 15132 E. Hampden Avenue, Suite G, Aurora, CO 80014
- Potomac Street Health Center (303.360.3712), 700 Potomac Street, Suite A, Aurora, CO 80011
- Jeffco Clinic, (303.360.6276), 8500 W. Colfax Avenue, Lakewood, CO 80215
- Estes Street Community Clinic (303.202.2911), 8755 W. 14th Avenue, Lakewood, CO 80215
- Arvada Clinic (303.431.0844), 1005 Ralston Road, Suite 100-G, Arvada, CO 80004

Mountain Family Health Centers MFHC (serves Garfield, Boulder, Clear Creek, Eagle, Gilpin, Pitkin, and Rio Blanco counties)

970.945.2840 www.mountainfamily.org

- MFHC Blackhawk (303.582.5276), 562 Gregory Street, Black Hawk, CO 80422
- MFHC Glenwood Springs (970.945.2840), 1905 Blake Avenue, Suite 101, Glenwood Springs, CO 81601
- MFHC Rifle, 195 West 14th Street, Rifle, CO (due to open in mid 2011)

Northwest Colorado Community Health Center (serves Moffat and Routt counties)

970.824.8233 www.ncchc.net

- 745 Russell Street, Craig, CO 81625

Peak Vista Community Health Centers PVCHC (serves El Paso, Douglas, Teller, and Park counties)

719.632.5700 www.peakvista.org

- PVCHC Immediate Care Center (719.632.5700), 2503 East Pikes Peak Ave., 3rd Floor, Colorado Springs, CO 80909
- PVCHC at Union (719.632.5700), 225 S. Union Blvd., Colorado Springs, CO 80910
- PVCHC Dental Clinic (719.475.0783), 2828 International Circle, Colorado Springs, CO 80910
- PVCHC Homeless Health Center (719.471.2789), 117 W. Rio Grande, Colorado Springs, CO 80903
- PVCHC Myron Stratton Center (719.329.7176), 410 Gold Pass Height, Colorado Springs, CO 80906
- PVCHC Women's Center (719.442.2027), 350 Printer's Parkway, Colorado Springs, CO 80910
- PVCHC Senior Center North (719.442.7100), 5636 North Union Blvd., Colorado Springs, CO 80918
- PVCHC Senior Center (719.329.7100), 722 S. Wahsatch Avenue, Colorado Springs, CO 80903
- PVCHC Family Health Center at Divide (719.687.4460), 34 Hybrook Road South, Divide, CO 80814
- PVCHC Family Health Center at Fountain (719.322.0777), 301 East Iowa Street, Fountain, CO 80817
- PVCHC Victor Mountain Health Center (719.689.9230), 412 North C Street, Cripple Creek, CO 80813

Plains Medical Center, Inc. PMC (serves Adams, Arapahoe, Elbert, Kit Carson, and Lincoln counties)

719.775.2367 www.pmchc.org

- Flagler Clinic (719.765.4777), 305 Pawnee Avenue, Flagler, CO 80815
- Limon Clinic (719.775.2367 and 719.775.0300 dental), 820 1st Street, Limon, CO 80828
- Strasburg Clinic (303.622.9237 and 303.622.4660 dental), 55981 E. Colfax Avenue, Strasburg, CO 80136

Pueblo Community Health Center, Inc. PCHC (serves Pueblo and Huerfano counties)

719.543.8711 www.pueblochc.org

- Administration and Foundation (719.543.8711), 112 East Pitkin Avenue, Pueblo, CO 81004
- Avondale Clinic (719.947.3344), 328 Avondale Boulevard, Avondale, CO 81022
- Colorado Avenue Clinic (719.543.8711), 300 Colorado Avenue, Pueblo, CO 81004
- Grand Avenue Clinic (719.584.3964), 1008 North Grand Avenue, Pueblo, CO 81003
- O'Rourke Dental Clinic (719.564.4823), 2030 Lake Avenue, Pueblo, CO 81004
- Park Hill Clinic & Pharmacy (719.543.8711), 1302 East 5th Street, Pueblo, CO 81001
- Pharmacy (719.543.4545), 310 Colorado Avenue, Pueblo, CO 81004
- Walsenburg OB Clinic (719.738.2718), 129 Kansas Avenue, Walsenburg, CO 81089

Salud Family Health Centers (serves Adams, Boulder, Larimer, Logan, Morgan, and Weld counties)

303.892.6401 and 800.388.4325 www.saludclinic.org

- Brighton Clinic (303.659.4000), 1860 Egbert Street, Brighton, CO 80601
 - Dental Clinic (303.655.4955)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Commerce City Clinic (303.286.8900), 6255 North Quebec Parkway, Commerce City, CO 80022
 - Dental Clinic (303.286.6755)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Estes Park Clinic (970.586.9230), 1950 Redtail Hawk Road, Estes Park, CO 80517
 - Dental Clinic (970.586.3850)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Fort Collins Clinic (970.494.4040), 1635 Blue Spruce Drive, Suite 160, Fort Collins, CO 80524
 - Pharmacy (720.322.9445 or 877.447.4044)
- Fort Lupton Clinic (303.857.2771), 1115 Second Street, Fort Lupton, CO 80621
 - Dental Clinic (720.322.9470)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Fort Morgan Clinic (970.867.0300), 909 E. Railroad Avenue, Fort Morgan, CO 80701
 - Dental Clinic (970.542.9243)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Frederick Clinic (303.833.2050), 5995 Iris Parkway, Frederick, CO 80530
 - Dental Clinic (303.833.3135)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Longmont Clinic (303.776.3250), 220 E. Rogers Road, Longmont, CO 80501
 - Dental Clinic (303.772.1906)
 - Pharmacy (720.322.9445 or 877.447.4044)
- Sterling Clinic (970.526.2589), 1410 South 7th Avenue, Sterling, CO 80751
 - Dental Clinic (970.526.2589, ext. 4918)
 - Pharmacy (720.322.9445 or 877.447.4044)

Sunrise Community Health Center (serves Weld and Larimer counties)

970.353.9403

- Monfort Family Clinic (970.353.9403 or 970.350.4606), 2930 11th Avenue, Evans, CO 80620
- Loveland Community Health Center (970.669.4855), 450 N. Cleveland Avenue, Loveland, CO 80537
 - Dental Clinic (970.669.4855)
- Greeley Family Dental (970.352.0048), 1006 A Street, Greeley, CO 80631

Uncompahgre Medical Center UMC (serves Delta, Ouray, Montrose and San Miguel counties)

970.327.4233 www.umclinic.org

- 1350 Aspen Street, Norwood, CO 81423
 - Dental Clinic (970.327.4233)

Valley-Wide Health Systems, Inc. VWHS (serves Alamosa, Bent, Conejos, Costilla, Crowley, Fremont, La Plata, Mineral, Montezuma, Otero, Rio Grande, and Saguache counties)

719.589.5161 www.vwhs.org

- Alamosa Family Medical Center (719.589.3658), 1710 First Street, Alamosa, CO 81101

- Alamosa Dental Clinic (719.589.9691), 128 Market Street, Alamosa, CO 81101
- Center Dental Clinic (719.754.3584), 220 S. Worth Street, Center, CO 81125
- Cesar E. Chavez Family Medical Center (719.754.2778), 186 North Hurt Street, Center, CO 81125
- Convenient Care Community Clinic (719.589.2562), 1131 Main Street, Alamosa, CO 81101
- Fremont Family Medical Clinic (719.275.2301), 602 Yale Place, Cañon City, CO 81212
- Guadalupe Health Center (719.376.5426), 10th Street and Dahilia, Antonito, CO 81120
- La Jara Dental Clinic (719.274.8948), 421 Walnut Street, La Jara, CO 81140
- La Junta VWHS (719.383.5900), 1100 Carson Avenue, Suite 201, La Junta, CO 81050
- Las Animas VWHS (719.456.2653), 245 Vine Avenue, Las Animas, CO 81054
- Mancos Valley Health Center (970.533.9125), 111 E. Railroad Avenue, Mancos, CO 81328
- Moffat Family Medical Center (719.256.4025), 545 Moffat Way, Moffat, CO 81143
- Rio Grande Medical Center (719.852.2512), 95A West 1st Avenue, Monte Vista, CO 81144
- Rocky Ford VWHS (719.254.7623), 903 South 12th Street, Rocky Ford, CO 81067
 - Dental Clinic (719.254.7623)
- San Luis Health Center (719.672.3352), 233 Main Street, Suite B, San Luis, CO 81152
 - Dental Clinic (719.672.3502)
- Sierra Blanca Medical Center (719.589.3658), 106 Blanca Avenue, Suite 300, Alamosa, CO 81101
- Valley-Wide Pharmacy (719.589.3633), 1710 First Street, Alamosa, CO 81101

Dental

In addition to the dental clinics associated with the community health centers listed above, there are a number of other places where you might be able to find reduced cost dental care.

Colorado Dental Association

www.cdaonline.org

The Colorado Dental Association supports Colorado dental charities and nonprofit dental clinics throughout the state. These organizations offer dental care on a sliding fee scale to individuals who are unable to afford treatment. Several of these organizations have financial and residency requirements. Others are established to help a certain portion of the population (i.e., children, the homeless, people with disabilities, etc.) Many of the Community Health Centers listed previously offer dental services so they are not included here. Call a provider for specific information.

- **Aurora:** The Children's Hospital Dental Center (720.777.6788), 13123 E. 16th Avenue, B240, Aurora, CO 80045
- **Boulder:** Dental Aid (303.499.7072), 4155 Darley Avenue, Boulder, CO 80303
- **Craig:** Northwest CO Dental Care (970.824.8000), 485 Yampa Avenue, Craig, CO 81625
- **Denver:**
 - Colorado Foundation of Dentistry for the Handicapped (303.534.3931 metro and 303.534.3863 non-metro), 1800 15th Street, Suite 100, Denver, CO, 80202
 - Dazante Dental (303.430.7399), 2005 Franklin St., Bldg. 2, Ste. 590, Denver, CO 80205
 - Inner City Health Center (303.296.4873), 3800 York Street, Denver, CO 80205
 - Inner City Health Center-New Hope Dental Services (720.956.0310), 4200 W. Conejos Place, LL5, Denver, CO 80204
 - Howard Dental Center, Clinic for HIV/AIDS Patients (303.863.0772), 1420 Ogden Street, Denver, CO 80218
 - Denver Rescue Mission (303.294.0157), 1130 Park Avenue West, Denver, CO 80205
 - Total Oral Prevention Strategies (TOPS) Pediatric Care/Services (303.996.4811), 3216 High Street, Denver, CO 80205
- **Dove Creek:** Dolores County Health Association & Dental Clinic (970.677.2291), 495 West 4th Street, Dove Creek, CO 81324
- **Fort Collins:** Health District of Northern Larimer County (970.416.5331), 202 Bristlecone Drive, Fort Collins, CO 80524
- **Frisco:** Summit Community Care Clinic (970.668.4040), 360 Peak One Drive, PO Box 4337, Frisco, CO 80443
- **Grand Junction:** Marillac Clinic, Inc. (970.298.6320), 2333 N. 6th St., Grand Junction, CO 81501

- **Lamar:** High Plains Community Dental Center (719.336.8445), 200 Kendall Drive, Suite 1, Lamar, CO 81052
- **Longmont:** Dental Aid (303.682.2619), 1715 Princes Drive, Longmont, CO 80501
- **Louisville:** Dental Aid (303.665.8228), 877 S. Boulder Road, Louisville, CO 80027
- **Montrose:** Community Dental Clinic (970.252.8896), 1901 S. Townsend Ave., Montrose, CO 81401

Community College of Denver – Dental Hygiene School

1062 Akron Way, Bldg. 753, Denver, CO 80230
303.365.8338

If you only need to have your teeth cleaned or other dental hygiene services, you can contact the CCD Dental Hygiene School and see if you can be accepted into their student program. Dental hygiene services include cleanings, x-rays, examinations, sealants, fluoride treatments and whitening. The program does not provide restorative treatment. All patients must be screened before being accepted and the cost for screening is \$10. The cost of services depends on the extent of services needed and the number of x-rays required. Typical costs range from \$25 to \$145. The program may be able to work with you on a payment plan.

University of Colorado, School of Dental Medicine

Anschutz Medical Campus, 13065 E. 17th Ave., Aurora, CO 80045
303.724.6900

If you don't have a dental emergency, you can call and be screened to see if you can become a patient in the dental student program. If you are accepted into the student program, you can expect to pay approximately 30% less than you would if you went to a dentist in private practice. When you call, follow the instructions when prompted. You may wait on hold for a while to reach a live operator. The types of services available through the dental school include filings, bridges, dentures, etc. The school no longer offers teeth cleanings or other dental hygiene services.

University of Colorado, General Practice Residency Program Clinic

Anschutz Medical Campus, 13065 E. 17th Ave., Aurora, CO 80045
303.724.6941 or 303.724.6942

If you have a dental emergency that might require surgery, like a broken tooth or tooth that needs to be removed, you can contact this clinic. Services are generally approximately 30% lower than if you were to go to a dentist in private practice. When you call, follow the instructions when prompted. You may wait on hold for a while to reach a live operator.

Colorado Indigent Care Program (CICP)

The Colorado Indigent Care Program (CICP) provides discounted health care services through hospitals and clinics that participate in the program.

- Participating providers are required to offer emergency and urgent care throughout the year to CICP clients. Other services are based on the provider's resources and may vary from one provider to another.
- Not every hospital and clinic in the state participates in the program.
- Because CICP is not insurance or an entitlement program, CICP clients may not have access to all of the services a provider may offer.
- CICP clients are given a rating based on their income, resources, and household size. This rating determines the cost of services.

In order to be eligible for CICP, you must be a U.S. citizen or legal immigrant and a Colorado resident or migrant farm worker. You can have Medicare and other health insurance, but you cannot be eligible for Medicaid or the Child Health Plan Plus (CHP+) program. You must also meet income and resource limits.

People who are transitioning out of the DOC and living in a community corrections facility on inmate status are *not* eligible for CICP. However, people on inmate status who progress to living in the community (usually on ISP-I) and who no longer reside in a community corrections facility *are* eligible for CICP.

- If you believe you are eligible but are told by a CICP provider that you are not, you may call customer service for the Department of Health Care Policy & Financing at 303.866.3513.

- You can also contact Colorado Legal Services for help if you have progressed to nonresidential ISP-I and are told you are not eligible for CICIP.

People on parole *are* eligible for CICIP.

In order to apply for CICIP, you need to meet with an eligibility technician at a hospital or clinic that participates in CICIP. When you call, ask to make an appointment to speak with an enrollment counselor about CICIP.

- To find a participating hospital or clinic near you, look online at www.colorado.gov/hcpf. Click on *Clients and Applicants*. Then click on *CICIP*, then *Find a Provider*, then *CICIP Provider Directory*. This document is arranged by county and lists the contact information for every provider in the state including the number to call for an appointment.
- If you do not have access to a computer, you can call customer service at 303.866.3513. Outside of the Denver metro area, call 1.800.221.3943. Ask for the contact information for a CICIP participating clinic or hospital closest to where you live.

When you go to your enrollment appointment, bring as many of the following documents as you can:

- State of Colorado driver's license or state identification card
- DOC inmate identification card
- Proof of immigration status, if applicable
- Copy of previous months' paycheck stubs and/or proof of other income
- Copy of current checking/savings account statement
- Value of your car(s) and vehicle registration
- If relevant, your Social Security Disability Insurance award letter, Supplemental Security Income award letter, proof of payment from Aid to the Needy and Disabled or Old Age Pension, or proof of payment from your pension program
- Documentation of past medical and pharmacy expenses

Every hospital that participates in the Colorado Indigent Care Program must provide emergency care. Depending on their resources, many participating providers also provide other medical services such as inpatient hospital care, primary care, and prescription drugs.

TIP: The Colorado PEAK (Program Eligibility and Application Kit) website may be able to answer your questions about eligibility for medical assistance programs. Go to <https://peak.state.co.us/selfservice>. You can click on *Am I Eligible?* to see if you may be eligible for certain programs. You can also click on *Check My Benefits* to check the status of your benefits.

Medicaid

Medicaid is a public health insurance program for low-income Coloradans. It is a joint federal and state financed program. The Colorado Department of Health Care Policy and Financing administers the state's Medicaid program.

People eligible for Medicaid include families with dependent children, the elderly, people who are blind and/or disabled, pregnant women, and those who receive assistance from the Supplemental Security Income (SSI) program.

- A person's income, assets, and resources are only one part of eligibility.
- People who meet Supplemental Security Income (SSI) eligibility requirements automatically qualify for Medicaid.

Your DOC inmate ID may be accepted as a form of identification to apply for Medicaid. You will also have to prove that you are either a U.S. citizen or lawfully admitted immigrant.

If you think you are eligible for Medicaid, talk to a caseworker in your local county's department of human/social services.

- In the Denver metro area, the number for customer service is 303.866.3513.
- The toll free number for customer service for the rest of the state is 1.800.221.3943.
- Spanish speaking customer service representatives are available.

- You can also download an English or Spanish application from www.colorado.gov/hcpf. Click on *Clients and Applicants*.

TIP: Due to health reform and the Colorado Health Care Affordability Act, Medicaid will be available for qualified adults *without* dependent children sometime in early 2012. If you've been told in the past that you don't qualify for Medicaid, be sure to check again with a county caseworker to see if you are now eligible.

Resources for medical help & information

This section identifies community-based programs that offer medical- or dental-related services. The list is arranged in alphabetical order by program name and includes a brief description of the program or service.

9-1-1

If you or someone you know is in need of immediate assistance from the police, emergency medical team, or fire department, dial 9-1-1.

2-1-1

www.milehighunitedway.org

Dial 2-1-1 or search the database at their website for current medical or dental assistance in your area.

AIDS Coalition for Education (ACE)

PO Box 18909, Denver, CO 80218

www.acecolorado.org info@acecolorado.org

ACE is a coalition of over 40 public and private organizations and individuals who have interests in or activities specifically related to HIV/AIDS education, information, prevention, and care services at either local or statewide levels. ACE publishes the Colorado HIV/AIDS Resource Directory that can be downloaded from their website by clicking on *ACE Directory* on the homepage. You may also write ACE and ask for a copy. If you're living with HIV, or if you are an HIV/AIDS service provider, the copy is free.

Ask-a-Nurse

You can call and ask a registered nurse any health question. Nurses can tell you where you can find a low-cost clinic, evaluate your symptoms, refer you to a doctor, offer home care suggestions, and give general health information. The nurse will also tell you whether you need to see a doctor immediately.

- Colorado Springs: 719.776.5555, 24 hours a day
- Denver: 303.777.6877, 8 am to 11 pm
- Grand County: 970.887.1711, 24 hours a day
- Pueblo: 719.560.4357, 24 hours a day
- Summit County: 970.668.5222, 24 hours a day
- Yampa Valley: 970.871.7878 or 1.888.381.3587, 24 hours a day
- Other parts of Colorado: 1.800.327.6877

AIDS Project

The AIDS Project offices offer information about AIDS-related resources and HIV tests. They can also help you find a doctor in your area who specializes in HIV/AIDS. You can also call 1.800.232.4636 for assistance in locating a HIV or STD testing site near you.

- Colorado AIDS Project (serves the metro Denver area): 303.837.0166, www.coloradoaidsproject.org, email: info@coloradoAIDSproject.org
- Boulder County AIDS Project (serves Boulder and surrounding counties): 303.444.6121, www.bcap.org, email: generaldelivery@bcap.org
- Northern Colorado AIDS Project (serves eight northern Colorado counties): 1.800.464.4611, 970.484.4469 in Fort Collins, 970.580.4498 in Greeley, www.ncaids.org, email: info@ncaids.org
- Southern Colorado AIDS Project (serves 25 southern Colorado counties): 1.800.241.5468, 719.578.9092 for Colorado Springs, 719.924.8925 for Pueblo, www.s-cap.org
- Western Colorado AIDS Project (serves 22 western Colorado counties): 1.800.765.8594 or 970.243.2437, Espanol 719.924.8925, www.westcap.info, email: MaryBeth@westcap.info

Brother Jeff's Community Health Initiative

608 26th Street, Second Floor, Denver, CO 80205

303.293.0024 email: brotherjeff1@earthlink.net

<http://www.brotherjeff.com>

The mission of Brother Jeff's Community Health Initiative is to reduce the disproportionate HIV and AIDS rate among African Americans and to enhance the quality of life for African Americans living with HIV and AIDS regardless of age, faith, background or sexual orientation. Services available include: HIV education and training, client advocacy and referrals, free condoms and prevention materials, support groups, community mobilization and prison re-entry.

Hep C Connection

1325 South Colorado Boulevard, B-302, Denver, CO 80222

1.800.522.HEPC (4372)

www.hepc-connection.org

The mission of Hep C Connection is to educate the general public about hepatitis C and to provide resources and support for those affected by the virus. Hep C Connection offers a toll-free counseling HelpLine, support groups, and free hepatitis C testing. Contact Hep C Connection to have educational information mailed to you at no charge, to speak to a counselor, to find out support group locations, or to schedule a hepatitis C test.

- Hep C also provides a valuable directory of resources. It can be downloaded for free from the website listed above. Click on *Publications* and scroll down to *Colorado Resource Directory*.

Homeless Health Care Center

722 S Wahsatch Avenue, Colorado Springs, CO 80903

719.471.2789

This center offers medical, dental and behavioral health services for people who are homeless in the Pikes Peak region. Services include treatment for minor illnesses and injuries, on-going primary care, women's health check-ups, minor surgeries, dental evaluation and extractions, behavioral health/substance abuse treatment and referrals to other qualified community providers. Office hours vary for different services, so please call ahead for more information or to make an appointment. Clients need to register to receive medical care. A Medical Outreach van visits people who are homeless.

It Takes a Village

1475 Lima Street, Aurora, CO 80010

303.367.4747 www.ittakesavillagecolorado.org

e-mail: info@ittakesavillagecolorado.org

It Takes a Village offers a number of free programs and services including assistance, advocacy, referrals and support for people living with HIV. These include confidential HIV and STD testing, re-entry assistance for men with HIV who were recently released from incarceration (including housing and financial help), and substance abuse treatment for people with HIV or at risk. All programs and services are free. Check out the website or call for more information.

Men's Health Initiative

777 Bannock, Unit 9 Building, Room 111, Denver, CO 80204

303.436.7892 and 303.436.7889

e-mail: merrill.carter@dhha.org

If you live in Denver County and need help applying for health care services, call the Men's Health Initiative at Denver Health. This office helps many people (both men and women) recently released from prison with health care information and other referrals. It's best to call first for an appointment, Monday through Friday.

Planned Parenthood of the Rocky Mountains

www.pprmm.org

Planned Parenthood has 24 health centers throughout Colorado that offer health care services for women and men. Services include annual wellness exams, breast and cervical cancer screenings, all birth control options, pregnancy testing and information about all pregnancy options, emergency contraception, testing and treatment for sexually transmitted infections, abortion referral, HIV testing, screenings for high blood pressure, diabetes and cholesterol, and more. You can find more information about specific services and locations on the website listed above. Type your zip code into *Find a Health Center*, or look under Colorado.

- You may also call 1.800.230.7526 to make an appointment with a Planned Parenthood health center near you. Most of the time, you can get an appointment within a day or two.

- Planned Parenthood accepts Medicaid, cash, checks, and most insurance plans. They also have grants, payment plans, and reduced fees. Some health centers offer sliding scale fees based on income. Ask the staff for more information.

Servicios de La Raza

4055 Tejon Street, Denver, CO 80211-2214

303.458.5851 www.serviciosdelaraza.org

In addition to other available services, Servicios de la Raza recently developed a new program called ENTRA-Enter (Everyone Needs Tender Respectful Attention) Family Healthcare Coverage Program. The program helps educate and connect people with comprehensive, culturally, and linguistically appropriate public healthcare. The program also helps people complete the forms required to apply for public health care coverage.

SET Family Medical Clinics

825 E. Pikes Peak Ave., Bldg 29, Colorado Springs, CO 80903

719.776.8850 www.setofcs.org

SET Family Medical Clinics provide holistic health services and basic medical care to the low income and uninsured. SET also offers a re-entry program that includes medical care, mental health treatment, life-skills training, and assistance with other transition issues for people released from incarceration. To be eligible, people must live in El Paso or Teller County. For more information about the Ex-Offender Program or to find out about enrollment, contact Jenny Rosenstiel, Ex-Offender Program Assistant, at 719.776.8850 ext 1019 or email JenniferRosenstiel@Centura.Org. Please be aware that SET Family Medical Clinics will be moving to a new address by mid-2011, so call first to confirm the new address.

Substance abuse treatment services

If you're on parole, any substance abuse treatment provider that you want to go to for treatment must be approved by the DOC. Be sure to always ask your parole officer if a provider is acceptable before enrolling in treatment. The DOC has a list of approved treatment providers.

- You may not receive credit for treatment if you're on parole and you receive treatment for substance abuse from an organization that is not on the DOC's current list of approved treatment providers. This means your time and money will be wasted. It's important that you receive your treatment from an *approved treatment provider*.

If substance abuse treatment is required as a condition of your parole agreement/order, you probably will be referred to Treatment Accountability for Safer Communities (TASC) for assessment or treatment services. TASC is a statewide community-based case management program with services available in all parole regions. Your parole officer will give you a Colorado TASC referral that you take to the TASC office along with a copy of your parole agreement. After your initial assessment, your case manager will meet with you to discuss a plan for treatment and any other needed services.

- TASC has offices in Colorado Springs, Denver, Durango, Englewood, Fort Collins, Grand Junction, Greeley, Longmont, Pueblo, and Westminster.
- For more information about TASC, see chapter 5.

If you're not on parole, the DOC does not have to approve the treatment provider. However, you still may want to get treatment from a licensed substance abuse treatment provider.

- The Colorado Department of Human Services' Division of Behavioral Health has a service locator for all licensed substance use disorder providers on its website at www.cdhs.state.co.us/adad. Click on *DBH Treatment Directory*. An electronic directory called the Colorado DBH Directory will prompt you to answer questions about the type of treatment you need and your address. A map will show the providers in your area.
- You can also call 303.866.7400 and ask for information.

TIP: When you're looking for a treatment provider, you may want to do a little legwork. It may be possible to shop around for a treatment provider to find a better schedule of services or fees.

- Call the program and ask about the type of clients they work with.
- Ask for the cost of treatment and the schedule of services.

- Don't forget to ask if the program offers a sliding scale for their services. A sliding scale fee is when the cost is based upon your income. Sometimes when programs offer a sliding scale they don't advertise that fact. You must ask for it.

Managed service organizations

When you're looking for treatment for substance abuse issues, a good place to start is with the managed service organization (MSO) for the county in which you live. A managed service organization (MSO) is a network of substance abuse treatment providers. The type of treatment offered through each provider varies. Some are for women only, some are for men only, some are therapeutic communities, some are inpatient, outpatient, residential, etc.

- You do *not* have to be referred to a treatment provider by a MSO. You can personally contact a treatment provider and ask for help.
- Many of these treatment providers offer treatment for clients with co-occurring substance use and mental health concerns.

There are four MSOs in Colorado that cover seven regions in the state. You will need to call the referral number for the MSO that covers the county in which you live. The referral number and coverage area for each MSO is listed below, followed by the list of providers within each MSO network.

SIGNAL BEHAVIORAL HEALTH NETWORK MSO

Customer service for the Denver metro area: 303.639.9320 or 1.888.607.4462. Referral number for north/northeastern and southeastern Colorado: 1.888.607.4462.

Signal Behavioral Health Network--Denver metro area

- Arapahoe House (303.657.3700), Administrative Offices, 8801 Lipan Street, Thornton, CO 80260 www.arapahoehouse.org
- Arapahoe Douglas Mental Health Network (303.730.8858), 155 Inverness Drive West, Suite 200, Englewood, CO 80110 www.admhn.org
- Addiction Research and Treatment Services (ARTS) is the clinical program of the Division of Substance Dependence Department of Psychiatry at the University of Colorado Denver, School of Medicine. ARTS programs provide residential and outpatient substance abuse treatment. These programs include:
 - Peer I (303.761.2885), 3762 W. Princeton Circle, Denver, CO 80236
 - The Haven (303.866.7252 or 303.867.9255), Fort Logan campus in the Denver metro area
 - Women's Connection (303.333.4288), 1648 Gaylord Street, Suite 150, Denver, CO 80206
 - Parkside Clinic, 1827 Gaylord Street, Denver, CO 80206
 - CrossPoint (303.388.8191), 2121 East 18th Avenue, Denver, CO 80206
 - Special Services Clinic (303.355.1014), 2121 East 18th Avenue, Denver, CO 80206
 - Potomac Street Center (303.283.5991), 1330 S. Potomac Street, Suite 104A, Aurora, CO 80013
 - Westside Center for Change (303.935.7004), 393 South Harlan Street, Lakewood, CO 80013
- Community Alcohol, Drug, Rehabilitation & Education Center (303.295.2521), 3315 Gilpin Street, Denver, CO 80215 www.cadrec.org
- Denver Health Behavioral Health Services Clinic (303.436.5690), 777 Bannock Street, Unit 9, (south of the main hospital) Denver, CO 80204 www.denverhealth.org
- Ideas Directed @ Eliminating Abuse IDEA (303.477.8280), Headquarters 2560 W. 29th Avenue, Denver, CO 80211 www.ideacares.com
- Jefferson Center for Mental Health (303.425.0300 or 800.201.5264), 4851 Independence Street, Suite 200, Wheat Ridge, CO 80033 www.jcmh.org
- Jefferson County Health Department, Substance Abuse Counseling Program (303.239.7162), 260 S. Kipling Street, Lakewood, CO 80226 www.jeffco.us/health/index.htm
- Sobriety House, Inc. (303.722.5746), 107 Acoma Street, Denver, CO 80223-1429 www.sobrietyhouse.org
- The Council, Mile High Council on Substance Abuse and Mental Health (303.825.8113), 655 Broadway, Suite 200, Denver, Colorado 80203 www.milehighcouncil.org

Signal Behavioral Health Network—north/northeastern Colorado

- **Estes Park:** Larimer Center for Mental Health (970.586.9105), 1950 Red Tail Hawk Drive, Estes Park, CO 80517
- **Fort Collins:**
 - North Colorado Behavioral Health of Fort Collins (970.224.0495), 3825 East Mulberry, Unit 5-C, Fort Collins, CO 80524 www.ncbhfc.org
 - Larimer County Community Corrections (970.498.7530), 2255 Midpoint Drive, Fort Collins, CO 80525 www.co.larimer.co.us/comcor
 - Larimer Center for Mental Health, (970.221.5551) 125 West Crestridge Street, Fort Collins, CO 80525 www.larimercenter.org
- **Greeley:** North Range Behavioral Health (970.347.2120), 1300 North 17th Avenue, Greeley, CO 80631 www.northrange.org
- **Loveland:** Larimer Center for Mental Health (970.461.8944), 1250 N. Wilson Avenue, Loveland, CO 80537
- **Sterling:** Centennial Mental Health Center (970.522.4549), 211 West Main, Sterling, CO 80751 www.centennialmhc.org

Signal Behavioral Health Network, Inc.—southeast Colorado

- **Alamosa:**
 - Crossroads' Turning Points, Inc. (719.589.5176), 2265 Lava Lane, Alamosa, CO 81101
 - San Luis Valley Comprehensive Community Mental Health Center New Beginnings Clubhouse (719.589.2676), 522 Alamosa Ave., Alamosa, CO 81101
 - San Luis Valley Comprehensive Community Mental Health Center Community Corrections (719.589.5134), 2017 Lava Lane, Alamosa, Colorado 81101
 - San Luis Valley Comprehensive Community Mental Health Center Main office (719.539.3671), 8745 County Rd 9 South, Alamosa, CO 81101 www.slvvmhc.org
- **Antonito:** San Luis Valley Comprehensive Community Mental Health Center Antonito (719.376.2511), 9th and Dahlia, Antonito, CO 81120
- **Center:** San Luis Valley Comprehensive Community Mental Health Center (719.754.3927), 260 Worth Street, Center, CO 81125
- **Eads:** Partnership for Progress Eads branch office (719.336.0478), 1208 Luther, Eads, CO 81036
- **Lamar:**
 - Crossroads' Turning Points, Inc. (719.336.2600), 1006 South Main St., Lamar, CO 81052
 - Partnership for Progress Lamar office (719.336.0478), 3500 1st Street South, Lamar, CO 81052
- **Las Animas:**
 - Partnership for Progress Las Animas branch office (719.384.8503), 623 Carson, Las Animas, CO 81054
 - RESADA Region Six Alcohol and Drug Abuse (719.456.2600), 11,000 County Road GG.5, Las Animas, CO 81054. Mailing address PO Box 162, Las Animas, CO 81054 www.resada.org. Outpatient services are offered by appointment in Rocky Ford in the City Administration building and in Ordway in the Old Courthouse.
- **La Jara:** San Luis Valley Comprehensive Community Mental Health Center La Jara (719.274.5154), 322 Walnut Street, La Jara, CO 81140
- **La Junta:**
 - Crossroads' Turning Points, Inc. (719.383.0662), 114 West 3rd St., La Junta, CO 81050
 - Partnership for Progress La Junta office (719.384.8503), 302 Barnes Avenue, La Junta, CO 81050 www.partnershipforprogress.com
- **Monte Vista:** San Luis Valley Comprehensive Community Mental Health Center Monte Vista (718.852.5186), 402 Fourth Ave, Monte Vista, CO 81144
- **Ordway:** Partnership for Progress Ordway branch office (719.384.8503), 220 1st Street, Ordway, CO 81063
- **Pueblo:** Crossroads' Turning Points, Corporate Office (719.544.3150), 118 West B. Street, Pueblo, CO 81003 www.crossroadstp.org
 - Crossroads' Turning Points, Inc. (719.546.6667), 4 Montebello Road, Pueblo, CO 81001
 - Women's Residential (719.545.1181), 3500 Baltimore Avenue, Pueblo, CO 81008
 - STAR-Therapeutic Community (719.545.1181 or 719.561.9850), 3470 Baltimore Avenue, Pueblo, CO 81008

- Crossroads' Turning Points, Inc. (719.924.9511), 2414 N. Grand Ave., Pueblo, CO 81003
- Crossroads' Turning Points, Inc. (719.546.6666), 509 East 13th Street, Pueblo, CO 81001
- Crossroads' Turning Points, Inc. (719.404.1992), 425 West 3rd Street, Pueblo, CO 81003
- Men's Residential, including IRT, TRT, STIRRT (719.566.0234), 1711 East Evans Avenue, Pueblo, CO 81004
- **Rocky Ford:** Partnership for Progress Rocky Ford branch office (719.384.8503), 903 S. 12th Street, Rocky Ford, CO 81067
- **San Luis:** San Luis Valley Comprehensive Community Mental Health Center San Luis (719.672.0331), 409 Trinchera, San Luis, CO 81152
- **Springfield:** Partnership for Progress Springfield branch office (719.336.0478), 1049 Kansas, Springfield, CO 81073
- **Trinidad:** Crossroads' Turning Points, Inc. (719.846.4481), 1004 Carbon Place, Trinidad, CO 81082
- **Walsenburg:** Crossroads' Turning Points, Inc. (719.738.2076), 615 Russell Avenue, Walsenburg, CO 81089

BOULDER COUNTY PUBLIC HEALTH MSO

Referral number for Boulder County: 303.441.1275. Call for appointment and locations.

ASPENPOINTE HEALTH NETWORK MSO

Referral number for Chaffee, Custer, El Paso, Fremont, Lake, Park, and Teller counties: 1.800.285.1204 or 719.572.6100. Call for appointment and referral to locations, some of which are listed below. See www.aspenpointe.org for more information.

AspenPointe Health Network—central Colorado

- **Bailey:** 460 County Road 43a, Bailey, CO 80421
- **Colorado Springs:**
 - 525 North Cascade Avenue, Suite 100, Colorado Springs, CO 80903
 - 5069 N. Academy Boulevard, Colorado Springs, CO 80918
 - Pathways ACCESS Center, 875 West Moreno Avenue, Colorado Springs, CO 80905
 - 115 Parkside Drive, Colorado Springs, CO 80910
 - 179 Parkside Drive, Colorado Springs, CoO80910
 - Peak Vista, 225 South Union Blvd., Colorado Springs, CO 80910
 - Phoenix Tower, 10th Floor, 2864 South Circle Drive, Suite 1000, Colorado Springs, Co 80906
 - Phoenix Tower, 6th Floor, 2864 South Circle Drive, Suite 600, Colorado Springs, CO 80906
- **Cripple Creek:** Aspen Mine Center, 166 E. Bennett Avenue, Cripple Creek, CO 80813
- **Divide:** Peak Vista, 34 Hybrook Road, Divide, CO 80814
- **Fairplay:** 295 5th Street, Fairplay, CO 80440
- **Fountain:** Lorraine Community Center, 301 East Iowa Street, Fountain, CO 80817
- **Lakewood:** 445 Union Blvd., Lakewood, CO 80228
- **Woodland Park:** 400 West Midland Avenue, Suite 275, Woodland Park, Co 80863

WEST SLOPE CASA, LLC

Referral number for 21 counties on Colorado's Western Slope: 970.945.8661. For more information, see www.westslopecasa.org. You can also call the service provider directly. Information is listed below.

West Slope Casa—western Colorado

- **Aspen:** Aspen Counseling Center (970.920.5555), 0405 Castle Creek Rd., Aspen, CO 81611
- **Breckenridge:** Summit County Detoxification Center (970.453.1365), 501 N. Park, Breckenridge, CO 80424
- **Cortez:** Cortez Addiction Recovery Services (CARS) (970.565.4109), 35 North Ash St., Cortez, CO 81321
- **Craig:** Craig Mental Health (970.824.6541), 439 Breeze #200, Craig, CO 81625
- **Delta:**

- Midwestern Colorado Mental Health Center, Delta Correctional Center (970.874.7614), 1140 G. 1025 Lane, Delta, CO 81416
- Midwestern Colorado Mental Health Center, Center for Mental Health (970.874.8981), 195 Stafford Lane, Delta, CO 81416
- **Durango:**
 - Axis Health System (970.259.2162 and 970.247.5255 crisis), 281 Sawyer Drive #100, Durango, CO 81301
 - Axis Health System, Day Reporting Center (970.259.2162), 72 Suttle Dr. #D, Durango, CO 81303
 - Axis Health System, Detoxification Center (970.259.8732), 3801 North Main Ave., Durango, CO 81302
 - Axis Health System, New Day Counseling (970.259.5820), 1474 Main Street #208, Durango, CO 81301
- **Eagle:** Eagle Valley (970.328.6969), PO Box 1620, Eagle, CO 81631
- **Frisco:** Summit Center (970.668.3478), 120 4th St. Frisco, CO 80443
- **Glenwood Springs:**
 - Colorado West Counseling (970.945.2583), 6916 Highway 82, Glenwood Springs, CO 81601
 - Colorado West Recovery Center Detoxification (970.945.8439), call for location
- **Granby:** Alpine Counseling Services (970.887.2179), 1023 County Road 610, Granby, CO 80446
- **Grand Junction:**
 - Summit View Center (970.255.1254), 740 Gunnison Avenue, Grand Junction, CO 81501
 - Colorado West Recovery Services (970.245.4214), 2800 Riverside Parkway, Building 2, Grand Junction, CO 81501
 - Colorado West Mental Health Crisis Stabilization Center (970.263.9535), 51528 3/4 Road, Grand Junction CO 81501
- **Gunnison:** Midwestern Colorado Mental Health Center, Center for Mental Health (970.641.0229), 710 Taylor, Gunnison, CO 81230
- **Ignacio:** Southern Ute Tribe, Peaceful Spirit ARC Adult Outpatient (970.563.4555), 296 Mouache St. PO Box 429, Ignacio, CO 81137
- **Meeker:** Rio Blanco Center Meeker (970.878.5112), 267 Sixth St., Meeker, CO 81641
- **Montrose:**
 - Midwestern Colorado Mental Health Center, Center for Mental Health (970.252.3200), 2130 E. Main, Montrose, CO 81402
 - Midwestern Colorado Mental Health Center, Center for Mental Health (970.249.9694), 605 E. Miami Road, Montrose, CO 81401
- **Norwood:** Midwestern Colorado Mental Health Center, Center for Mental Health (970.327.4449), 1510 W. Grand Avenue, Norwood, CO 81423
- **Pagosa Springs:** Southwest Colorado Mental Health Center (970.264.2104), 311 San Juan, Pagosa Springs, CO 81147
- **Rangely:** Rio Blanco Center Rangely (970.675.8411), County Annex Building, Rangely, CO 81648
- **Rifle:** White River Counseling (970.625.3416), 758 Railroad Avenue, Rifle, CO 81650
- **Steamboat Springs:**
 - Steamboat Detox Center (970.879.1090), PO Box 774706, Steamboat Springs, CO 80477
 - Steamboat Mental Health (970.879.2141), PO Box 774706, Steamboat Springs, CO 80477
- **Telluride:** Midwestern Colorado Mental Health Center, Center for Mental Health (970.728.6303), 100 W. Colorado Blvd. #210, Telluride, CO 81435
- **Vail:** Eagle Valley (970.476.0930), 395 E. Lionshead Circle, Vail, CO 81657
- **Walden:** Colorado West Regional Mental Health Center (970.723.0055), 404 4th Street, Walden, CO 80480

TIP: Some treatment programs are specifically tailored for women. If you would like to know more about treatment services for women in Colorado, contact the Division of Behavioral Health at 303.866.7400.

Resources for substance abuse treatment & information

9-1-1

If you have an emergency, dial 9-1-1.

2-1-1

www.milehighunitedway.org

You can dial 2-1-1 or search the database at their website for current substance abuse treatment resources in your area. See chapter 11 for more information about 2-1-1.

Advocates for Recovery

720.435.0686 www.advocatesforrecovery.org

advocatesforrecovery@gmail.com

Advocates for Recovery (AFR) is committed to advocating for planning and policies at all levels of society to improve prevention, treatment, research, & recovery services; to educate the public about the consequences of untreated addiction & the process of recovery, to develop resources to provide Recovery Support Services, and to dispel myths about addiction and those who struggle with addiction. AFR provides recovery support services to those in recovery from addiction and can provide training to both individuals and organizations to deliver Recovery Support Services & other recovery focused activities. You can call AFR to get more information about the organization or if you are in need of recovery support services.

Alcoholics Anonymous

Denver hotline: 303.322.4440, Denver business: 303.322.5636

www.daccaa.org

There are a number of different websites for AA organizations around the state, but you can start with www.dacca.org, which is the website for the Denver metro area. This website has links to other organizations, as well as information about AA. You can also call one of the phone numbers listed above.

- Bridging the Gap is a statewide program for people leaving prison. It is intended to “bridge the gap” between the facility you leave and your first few AA meetings. You can arrange a contact for Bridging the Gap by filling out an application at an AA meeting inside your facility. Your case manager may also have this application or you can write to Denver Central Office 1800 Boulder Street, Suite 100, Denver, CO 80211. You should try to apply for this program at least three to six months before your release.

Center of Hope

5303 W. Kentucky Avenue, Lakewood, CO 80226

303.274.6317 www.nhmofdenver.com

Center of Hope is a state licensed substance use disorder treatment provider. They provide outpatient treatment for Level I and Level II DUI education and therapy, offender education and treatment (non-DUI), relapse prevention, and monitored sobriety services (urinalysis and breathalyzers). They also have a long-term residential faith-based drug and alcohol treatment program. The men’s and women’s facilities are separate. There is a minimum stay of one year. You may write to the Intake Coordinator at the address listed above for an application.

Colorado Mental Health Institute of Pueblo, Circle Program

1600 W. 24th Street, Building 116, Pueblo, CO 81003

719.546.4797 www.cmhip.org

The Circle Program is a ninety-day residential co-occurring treatment program. Each patient must have a mental illness diagnosis and a chemical dependency diagnosis prior to admission. The program provides services for men and women who are criminal justice clients. They have a self-pay sliding fee scale based on income and other factors. They accept Medicaid, Medicare, private health insurance, and military insurance.

Cocaine Anonymous

Denver hotline: 303.421.5120 Colorado Springs hotline: 719.448.0110

Hotline for outside of Denver and Colorado Springs: 1.866.448.0110

www.cacolorado.org

Cocaine Anonymous says it is “a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-

altering substances.” On the website, Click on *Meetings* to find a meeting in the Denver metro area, Fort Collins, Pueblo, Colorado Springs, and Vail Valley/Avon.

Crystal Meth Anonymous

National business: 213.488.4455 www.crystalmeth.org

Crystal Meth Anonymous is a program based on the Alcoholics Anonymous twelve step program. You can learn more about the program and information about meetings in your area on their website. Their national business line will also answer general questions about the program and tell you about meetings in your area. They do not charge dues or fees, and membership is open to anyone who wants to stop using crystal meth.

Harm Reduction Action Center

775 Lipan Street, Denver, CO 80204

303.572.7800 www.harmreductionactioncenter.org

The Harm Reduction Action Center is a public health nonprofit organization in Denver whose mission is to educate, empower and advocate for the health and dignity of metro Denver’s injection drug users and affected partners in accordance with harm reduction principles. Their philosophy is nonjudgmental and compassionate programs/services for active injection drug users and their sexual partners.

- The Harm Reduction Action Center drop-in center is open Monday, Wednesday, and Friday from 11 am to 5 pm. The drop-in center provides HIV/hepatitis C testing, health education classes, case management, community outreach, an on-site psychotherapist, and an active Advisory Committee. It’s also a place where you can get a meal, take a shower, do laundry, and use the Internet. Call for more information.

Harbor House Collaborative

1710 E. Pikes Peak Avenue, Suite 100, Colorado Springs, CO 80909

719.473.5557 www.harborhouseco.org

Harbor House Collaborative is a nonprofit that provides the Harbor House, the Harbor House Clinic and the Safe Harbor programs. Harbor House is transitional supportive housing for chronically homeless adults with a long-term substance use disorder. Harbor House Clinic provides counseling and treatment services to individuals and families affected by addiction and its consequences. Services include individual counseling, group counseling, outreach and public education programs. Safe Harbor: A Recovery Experience for Women provides addiction counseling that addresses the specific needs of women, pregnant women, and women with dependent children.

Narcotics Anonymous

c/o MHASC, PO Box 140100, Edgewater, CO 80214-0100

303.832.DRUG (3784) www.nacolorado.org

The Narcotics Anonymous website provides information for people who seek information about recovery from addiction to drugs. On the website’s home page, click on *Meetings* for information about meetings held throughout the state, as well as phone numbers to call for current information. If you don’t live in a hotline area, call any one of the lines listed.

- Boulder County hotline: 303.412.2884
- Colorado Springs hotline: 719.637.1580
- Denver metro hotline: 303.832.3784
- Fort Collins, Estes Park, and Loveland hotline: 970.282.8079
- Grand Junction hotline: 970.201.1133
- Greeley, Fort Morgan, and Sterling hotline: 970.346.9249

Salvation Army Adult Rehabilitation Center

4751 Broadway, Denver, CO 80216

303.294.0827 www.satruck.org

The Salvation Army’s Adult Rehabilitation Centers provide spiritual, social, and emotional assistance for men and women who have lost the ability to cope with their problems and provide for themselves. Each center offers residential housing, work, and group and individual therapy. To find out how you can access their program, write to the Intake Coordinator at the address listed above.

Mental health treatment services

This section lists many mental health treatment providers throughout the state of Colorado; however, please be aware it is not a complete list.

If you are looking for mental health treatment, a good place to start is with the community mental health center that serves the county in which you live. The contact information for every community mental health center in the state is listed below.

A behavioral health organization (BHO) is another place to call for information about mental health treatment. You will find information about BHOs later in this section.

Many mental health treatment providers also provide treatment for substance abuse issues. Information about finding substance abuse treatment is provided earlier in this chapter. It's important that you feel comfortable with the treatment provider you are working with. If you need both mental health and substance abuse treatment, you may be able to find a single provider that can do both. Or you may prefer or end up working with two different treatment providers, one for mental health issues and another for substance abuse issues. If you do, it's important to make sure your two treatment providers know about each other so they can best coordinate your treatment.

If you do not know where to start to get mental health services, you can call the Colorado Department of Human Services, Division of Behavioral Health. You can also call this number if you have a complaint about a service, a provider, or access to services.

- The number for the Denver metro area is 303.866.7400.
- Outside the Denver metro area, call 1.800.811.7648.

You can also use The Colorado Department of Human Services Division of Behavioral Health website to search their directory of all licensed mental health treatment providers. Go to www.cdhs.state.co.us/adad and click on *DBH Treatment Directory*. An electronic directory called the Colorado DBH Directory will prompt you to answer questions about the type of treatment you need and your address. A map will show the providers in your area.

- If the directory is not helpful, don't forget that you can always call 303.866.7400 in the Denver metro area and 1.800.811.7648 for the rest of the state.

TIP: Remember, if you are on parole, you will need to use a treatment provider approved by the DOC. Always check with your parole officer to see if your provider is an approved treatment provider.

Community mental health centers

There are 17 community mental health centers (CMHC) in Colorado. Each mental health center offers a variety of mental health services for people who live in that center's service area. CMHCs accept clients who are indigent, Medicaid/Medicare, self-pay, or privately insured. Most community mental health centers also offer substance abuse treatment services.

- Treatment at mental health centers includes therapy (individual, family, and group), medication management, and case management. For more information about what a center offers, call or visit the center or look on its website.
- Eight community mental health centers have criminal justice clinical specialists (Alamosa, Cañon City, Glenwood Springs, Greeley, Loveland, Sterling, Thornton, and Wheat Ridge). These specialists are trained to work with people involved in the criminal justice system and can provide you with referrals to resources in the area and help you navigate the local system.
- Many other community mental health centers have programs specifically for people who are or have been involved in the criminal justice system.

TIP: If a community mental health center refuses to help you because you have a criminal record, you can file a grievance or complaint with the Consumer and Family Affairs office in the Colorado Department of Human Services. The number is 303.866.7191.

Many community mental health centers have offices in multiple locations. Due to space limitations, only the name and contact information for each main mental health center is listed below. You will need to call or look on a website for information about other locations.

- When you call, ask to make an appointment for an intake interview. During the intake interview, the receptionist will ask about your financial and personal situation (homeless, indigent, on parole, discharged). Each mental health center decides its own eligibility criteria. The intake receptionist will explain this to you.

Arapahoe Douglas Mental Health Network (serves Arapahoe and Douglas counties)
155 Inverness Drive West, Suite 200, Englewood, CO 80110
303.730.8858 and 303.730.3303 crisis www.admhnweb.org

AspenPointe (serves El Paso, Park, and Teller counties)
875 West Moreno, Colorado Springs, CO 80905
719.572.6100 or 1.800.285.1204 www.aspenpointe.org

Aurora Mental Health Center (serves city of Aurora and parts of Arapahoe County)
Viewpoint Plaza, 11059 E. Bethany Drive, Aurora, CO 80014
303.617.2300 www.aumhc.org

Axis Health System (serves Archuleta, Delores, La Plata, Montezuma, and San Juan counties)
281 Sawyer Drive, Durango, CO 81303
970.259.2162 www.swcmhc.org

Centennial Mental Health Center (serves Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington, and Yuma counties)
211 W. Main Street, Sterling, CO 80751
970.522.4549 www.centennialmhc.org

Colorado West Regional Mental Health Center (serves Eagle, Garfield, Grand, Jackson, Mesa, Moffat, Pitkin, Rio Blanco, Routt, and Summit counties)
6916 Highway 82, PO Box 40, Glenwood Springs, CO 81602
970.945.2241 www.cwrmmhc.org

Community Reach Center (serves Adams County)
8931 N. Huron Street, Thornton, CO 80260
303.853.3500 www.adamsmentalhealth.org

Jefferson Center for Mental Health (serves Clear Creek, Gilpin, and Jefferson counties)
4851 Independence Street, Suite 200, Wheat Ridge, CO 80033
303.425.0300 or 800.201.5264 www.jcmh.org

Larimer Center for Mental Health (serves Larimer County)
1250 North Wilson Avenue, Loveland, CO 80537
970.494.4200 www.larimercenter.org

Mental Health Center of Denver (serves Denver County)
4141 E. Dickenson Place, Denver, CO 80222
303.504.6500 www.mhcd.org

Mental Health Center Serving Boulder and Broomfield Counties
1333 Iris Avenue, Boulder, CO 80304
303.443.8500 www.mhcbc.org
Screening is done through the Boulder office at the number above, but there are offices in Broomfield and Longmont.

Midwestern Colorado Mental Health Center (serves Delta, Gunnison, Hinsdale, Montrose, Ouray, and San Miguel counties)
2130 East Main Street, Montrose, CO 81401

970.252.3200 www.midwestmhc.org

North Range Behavioral Health (serves Weld County)

1306 11th Avenue, Greeley, CO 80631

970.347.2120 www.northrange.org

San Luis Valley Comprehensive Community Mental Health Center (serves Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache counties)

8745 County Road 9 South, PO Box 810, Alamosa, CO 81101

719.589.3673 www.slvvmhc.org

Southeast Mental Health Services (serves Baca, Bent, Crowley, Kiowa, Otero, and Prowers counties)

711 Barnes, La Junta, CO 81050

719.384.5446 www.semhs.org

Spanish Peaks Mental Health Center (serves Huerfano, Los Animas, and Pueblo counties)

1304 Chinook Lane, Pueblo, CO 81001

719.545.2746 www.spmhc.org

West Central Mental Health Center (serves Chaffee, Custer, Fremont, and Lake counties)

3225 Independence Road, Cañon City, CO 81212

719.275.2351 www.wcmhc.org

TIP: The location of your treatment provider may become a factor in your success. Sometimes it's harder to stay in treatment if the location isn't close and convenient. Keep this in mind if you have input into the decision for your treatment provider.

Behavioral health organizations

If you are covered by Medicaid or eligible for Medicaid and looking for treatment for substance abuse issues or mental health, call the behavioral health organization (BHO) for the county in which you live. BHO customer service operators will refer you to the type of treatment provider that you need.

- For more information about Medicaid, see the Medicaid section earlier in this chapter.

Colorado is divided into five BHO regions. They are listed below. Call the customer service number for the BHO that covers services in the county where you live. The operator will tell you the name and location of the treatment provider closest to where you live.

If you receive Medicaid and your BHO refers you to a mental health or substance abuse provider, if you're on parole remember to verify with your parole officer that the provider is an *approved treatment provider*.

TIP: If you need to know where to apply for Medicaid, call the Department of Health Care Policy and Financing. You can also call one of these numbers if you have a complaint about a service, a provider, or have difficulty accessing services.

- The number for the Denver metro area is 303.866.3513.
- Outside the Denver metro area, call 1.800.221.3943.

Behavioral Healthcare, Inc. (covers Adams, Arapahoe, and Douglas counties)

303.889.4805 or 877.349.7379 www.bhicares.org

Colorado Access Behavioral Care (covers Denver County)

303.751.9030 or 800.984.9133 www.coaccess.com

Colorado Health Networks (covers Alamosa, Archuleta, Baca, Bent, Chaffee, Conejos, Costilla, Crowley, Custer, Delta, Dolores, Eagle, El Paso, Fremont, Garfield, Grand, Gunnison, Hinsdale, Huerfano, Jackson, Kiowa, Lake, La Plata, Las Animas, Mesa, Mineral, Moffat, Montezuma, Montrose, Ouray, Otero, Park, Pitkin, Prowers, Pueblo, Rio Blanco, Rio Grande, Routt, Saguache, San Juan, San Miguel, Summit, and Teller counties)

800.804.5008 www.coloradohealthpartnerships.com

Foothills Behavioral Health (covers Boulder, Broomfield, Clear Creek, Gilpin, and Jefferson counties)
303.432.5950 or 1.866.245.1959 www.fbhpartners.com

Northeast Behavioral Health (covers Cheyenne, Elbert, Kit Carson, Larimer, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington, Weld, and Yuma counties)
970.347.2366 or 1.888.296.5827 www.nbhpartnership.com

Resources for mental health treatment & information

9-1-1

If you have an emergency, dial 9-1-1.

2-1-1

www.milehighunitedway.org

Dial 2-1-1 or search the database at www.unitedwaydenver.org or www.211colorado.org for current mental health resources in your area. See chapter 11 for more information about 2-1-1.

Asian Pacific Development Center of Colorado (APDC)

Elmira Street Office (303.365.2959), 1544 Elmira Street, Aurora CO 80010

York Street Office (303.393.0304), 1825 York Street, Denver, CO 80206

Denver ReLAY Office (720.424.0694), 1551 S. Monroe Street, Denver, CO 80210

Colorado Springs Office c/o Aspen Pointe Mental Health Center Select Services, Inc. (719.459.3947), 220 Ruskin Drive, Colorado Springs, CO 80910

www.apdc.org

ADPC is a nonprofit organization that supports the Asian American Pacific Islander community. It provides culturally appropriate health, mental health, and related services to the community including victims support, ESL, citizenship classes, health literacy and wellness education, youth services, and an interpreters' bank of over 30 different languages and dialects. Their Integrated Care Services program targets the indigent, refugees, and first-generation Americans.

CHARG (Capital Hill Action and Recreation Group) Resource Center

709 E. 12th Avenue, Denver, CO 80203

920 Emerson Street, Denver, CO 80218

Main office 303.830.8805, Drop-in clinic 303.830.2130 www.charg.org

CHARG Resource Center works with people with severe and persistent mental illness. They run a drop-in center, psychiatric clinic, homeless outreach, and public education programs. Their drop-in center offers dental and eye care, basic needs resources, vocational opportunities, and other services. Their outpatient services include medication management, counseling, and screening.

El Centro Esperanza

881 Federal Blvd., Denver, CO 80204

303.480.1920 or 303.433.9627

www.elcentroesperanza.org

El Centro Esperanza offers counseling services for adults, adolescents, children, couples, and families. Their team of highly trained bilingual and bicultural psychotherapists offers case management and referrals. A bilingual psychiatrist provides psychiatric evaluations, medication evaluations, and medication management.

Metro Crisis Service Incorporated Crisis Hotline

1.888.885.1222

Metro Crisis Line is a free professionally-staffed mental health and substance abuse crisis line that is answered 24 hours a day, seven days a week. You can pick up the phone any time, day or night, to speak to an experienced, licensed mental health professional.

Mental Health America of Colorado (MHAC)

1385 S. Colorado Boulevard, Suite 610, Denver, CO 80222

720.208.2220 or 1.800.456.3249

www.mhacolorado.org

Mental Health America of Colorado (MHAC) is a statewide nonprofit dedicated to addressing the full spectrum of mental health conditions. MHAC provides information and education about mental wellness

and recovery. Their website lists a full range of resources including mental health education, screenings and community resources. Click on *Help Starts Here – Resources* on the website.

- WE CAN! of Colorado provides training on a variety of wellness and recovery topics free of charge to those with mental health conditions and/or their supporters. You can become a member of the organization and receive the newsletter to be informed of the local events, legislation, and important issues relating to mental health. WE CAN stands for Wellness Education Coalition and Advocacy Network. The contact information is the same as MHAC. Its website is www.mhacolorado.org/page/wecan.

National Alliance on Mental Illness (NAMI) Colorado

1100 Fillmore Street, Denver, CO 80206

303.321.3104 or 1.888.566.6264 www.namicolorado.org

National Alliance on Mental Illness provides information and support for people (and their families) living with mental illness. The NAMI Colorado office has mental health information specific to Colorado, including a resource guide that you can request. The NAMI Colorado website has information about mental illness and resources.

National Suicide Prevention hotline

800.273.8255.

This is a toll free number that you can call 24 hours a day, seven days a week. Phone calls are also answered in Spanish.

Servicios de La Raza

4055 Tejon Street, Denver, CO 80211

303.458.5851 www.serviciosdelaraza.org

Servicios de La Raza provides a range of services to people who live in the metro Denver area, including those who speak Spanish. La Gente provides medical case management and mental health therapy, HIV/AIDS prevention and free HIV/STD testing from 3-6 pm the first and last Monday of each month; Walk-ins are welcome. See chapter 11 for more info about Servicios de La Raza.

Stout Street Clinic Mental Health (Colorado Coalition for the Homeless)

2100 Broadway, Denver, CO 80205

303.293.6512 www.coloradocoalition.org

Stout Street Clinic Mental Health provides mental health services, including evaluation and treatment, clinical case management, and medication management at no cost to patients. Because of the large number of people needing services, Stout Street Clinic Mental Health has a *long wait-list* for new patients.

- You must be homeless in order to qualify for this clinic's services.
- Individuals may come in Monday, Tuesday, Thursday and Friday anytime between 8:30 and 4:00 or Wednesdays 12:00-4:00 to fill out an application for service.
- If you need help, someone can help you fill out the application. You must come in person to fill out an application.
- You will not be seen by a provider on the day you fill out the application. You will not receive medications or disability documentation on the day you fill out the application.
- If you're eligible for services at the Veterans Administration, you are not eligible for care at Stout Street Clinic. If you're sentenced to a community corrections facility, you are not eligible for care at the Stout Street Clinic.
- Stout Street Clinic does *not* provide paperwork (including a Med 9 or housing form) for un-enrolled clients, reports to the courts, parenting evaluations, involuntary treatment, sex offender treatment, "evaluations" or "mental health clearance" for substance abuse or residential programs.
- Stout Street Clinic cannot fill outside prescriptions.