

Substance abuse treatment/recovery support

This section contains information about treatment for substance abuse, as well as information about support if you're in recovery.

Approved treatment providers

If substance abuse treatment is required as a condition of your parole agreement/order, you *must* go to an approved treatment provider. An approved treatment provider is an organization or business that is approved by the Approved Treatment Provider (ATP) Board.

If you receive substance abuse treatment from an organization that is not on the ATP Board's current approved list, you may not receive credit for that treatment. This means your time and money will probably be wasted. It's important that you understand what "approved treatment provider" means and that you receive your treatment from an approved treatment provider.

Your parole officer might recommend an approved treatment provider to you. If s/he doesn't, the easiest way to find a current list of the ATP Board's substance abuse providers is to call the local TASC office. See the TASC section below for telephone numbers.

If you're not on parole, you don't have to find an ATP Board approved treatment provider. However, you still may want to get treatment from a licensed, certified substance abuse treatment provider. The Department of Human Services' Alcohol and Drug Abuse Division (ADAD) has a current list of licensed, certified substance abuse treatment providers in Colorado. You can find the current list on their website at www.cdhs.state.co.us/adad/. Click on *Treatment Directory*. You can also call 303.866.7480 for information.

If you need to find a substance abuse treatment provider, you may want to do a little legwork. Call the clinic and ask about the type of clients they work with. Ask for the cost of treatment and the schedule of services.

- Don't forget to ask if the clinic offers a sliding scale for their services. A sliding scale fee is when the cost is based upon your income. Sometimes when clinics offer a sliding scale they don't advertise the fact. You must ask for it.
- It may be possible to shop around for a treatment provider to find a better schedule of services or fees.

Managed service organizations

Another way to find a treatment provider is through a Managed Service Organization (MSO). MSOs are a network of treatment providers throughout Colorado. These providers can be found on ADAD's website at www.cdhs.state.co.us/adad/. Click on *Managed Services*.

- Signal Behavioral Health is a MSO that serves the Denver metro area, Pueblo, the San Luis Valley, and the eastern plains region. Their treatment referral line is 1.888.607.4462.

- The Mental Health Center of Boulder serves Boulder County for mental health and substance abuse treatment. Their treatment referral line is 303.441.1275.
- Connect Care serves the Pikes Peak region. Their treatment referral line is 719.572.6133.
- West Slope Casa serves Durango, Grand Junction, and northwest Colorado. Their treatment referral line is 970.683.7087.

Treatment Accountability for Safer Communities (TASC)

TASC is part of Peer Assistance Services (PAS), which has a contract with the DOC to help people on parole with substance abuse services. These services include:

- screening and assessment
- treatment and service planning
- treatment referral
- case management
- urinalyses (UA), breathalyzers (BA), and skin patches
- reporting to parole
- referrals to other community resources and treatment providers

TASC offices also have information about many areas of re-entry, not just substance abuse.

You should be referred to a TASC office by your parole officer if you're on parole. If you contact TASC on your own, a case manager will talk to your parole officer before signing you up for treatment. TASC offices don't charge for services. They do charge a fee for UAs, BAs, and monitored Antabuse.

- If you're not on parole, TASC can't offer any services to you. They can, however, help you with referrals to other services and answer any questions you might have.

TASC offices are located throughout Colorado. For a list of locations, look online at www.peerassist.org. Click on *Program for Individuals* and scroll down to *TASC*. At the top of this page you will find links to TASC offices around the state.

TASC office phone numbers:

- Colorado Springs: 719.444.0882
- Denver: 303.595.4194
- Englewood: 303.761.7554
- Fort Collins: 970.223.2232
- Grand Junction: 970.242.2800
- Greeley: 970.336.9034
- Longmont: 303.678.9941
- Pueblo: 719.543.0690
- Westminster: 303.428.5264

Residential treatment centers

If you're on parole and feel like you need residential treatment, you will need to talk to your parole officer or a TASC case manager about the referral process. Some of these

facilities (such as Arapahoe House) accept people referred by their parole officer. Others, such as Peer I or The Haven, almost always require that referrals come through the community corrections referral process.

Recovery/support organizations

The following organizations offer help, free meetings, and support for substance abuse and addiction. Some of these organizations also sponsor hotlines, which are usually answered by people in recovery.

Alcoholics Anonymous

Denver hotline: 303.322.4440

Denver business: 303.322.5636

www.daccaa.org

There are a number of different websites for AA organizations around the state, but you can start with www.daccaa.org, which is the website for the Denver metro area, and the phone numbers listed above. This website has links to other organizations, as well as information about AA.

- Bridging the Gap is a statewide program for people leaving prison. It is intended to “bridge the gap” between the facility you leave and your first few AA meetings. You can arrange a contact for Bridging the Gap by filling out an application at an AA meeting inside your facility. Your case manager may also have this application or you can write to Denver Central Office 2785 N. Speer Blvd., #224, Denver, CO 80211. You must apply for this program at least 3-6 months before your release.

Cocaine Anonymous

Colorado hotline: 866.448.0110

Colorado Springs hotline: 719.448.0110

Denver hotline: 303.421.5120

Pueblo hotline: 719.584.4343

www.cacolorado.org

According to their website, Cocaine Anonymous is “a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.” On the website, Click on *Meetings* to find a meeting in the Denver metro area, Fort Collins, Pueblo, Colorado Springs, and Vail Valley/Avon. They do not charge a membership fee.

Crystal Meth Anonymous

National business: 213.488.4455

www.crystalmeth.org

Crystal Meth Anonymous is a program based on the Alcoholics Anonymous twelve step program. You can learn more about the program and information about meetings in your area on their website. Their national business line will also answer general questions about the program and tell you about meetings in your area. They do not charge dues or fees, and membership is open to anyone who wants to stop using crystal meth.

Harm Reduction Project

775 Lipan Street

Denver, CO 80204

303.572.7800

www.harmredux.org

The Harm Reduction Project is a nonprofit organization in Denver that works to help people struggling with the realities of addiction. Their philosophy is nonjudgmental. The Harm Reduction Project has a drop-in center that is open Monday, Wednesday, and Friday from 11 am to 5 pm. The drop-in center provides HIV and hepatitis C testing and education, as well as counseling to help people reduce the risk of harming themselves. It’s also a place where you can get a meal, take a shower, do laundry, and use the Internet. Call for more information.

Narcotics Anonymous

Boulder County hotline: 303.412.2884

Colorado Springs hotline: 719.637.1580
Denver metro hotline: 303.832.3784
Ft. Collins, Estes Park, and Loveland hotline: 970.282.8079
Grand Junction hotline: 970.201.1133
Greeley, Fort Morgan, and Sterling hotline: 970.346.9249

www.nacolorado.org

According to their website, Narcotics Anonymous “is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.”

- On the website’s home page, click on *Meetings* for information about meetings throughout the state, as well as phone numbers to call for current information. If you don’t live in a hotline area, call any one of the lines listed.

This information is excerpted from CCJRC’s publication, *Getting On After Getting Out: A ReEntry Guide for Colorado*. To order this guide, go to www.ccjrc.org.